

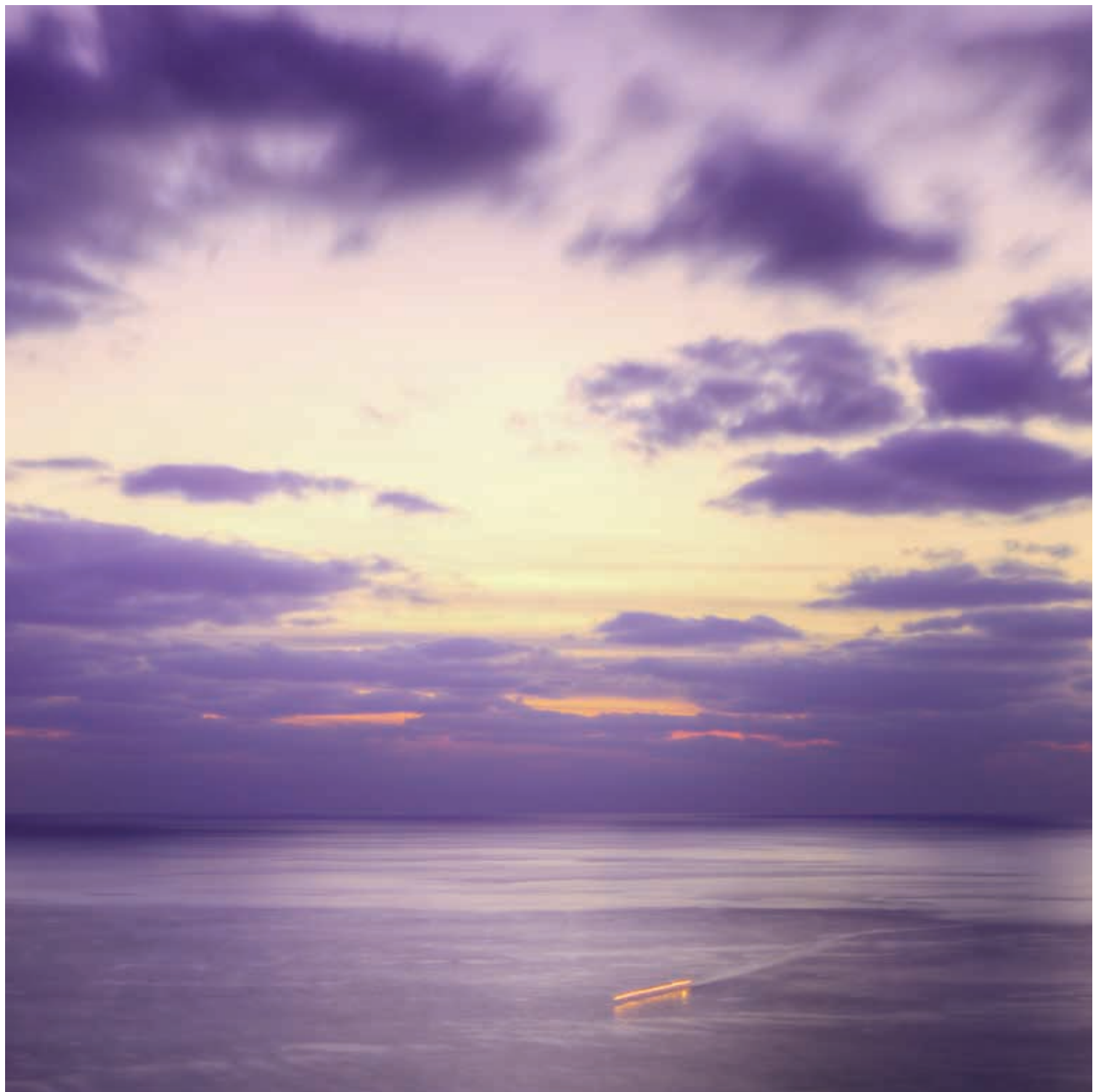


SEADREAM
YACHT CLUB

SPA

Life is a precious gift

Enjoy...



A rejuvenating experience awaits you at the SEADREAM Spa.

The Spa is Thai certified and the only one of its kind at sea. Discover the ultimate in Thai therapies and behold the secrets and luxury of their time honored spa treatments.

Achieve pure bliss and tranquility in a sanctuary for you to relax, unwind, recharge and rejuvenate. Choose from an extensive range of spa favorites such as our Asian Blend Massage, Soothing Aroma Massage and Traditional Thai Massage.



Our Spa brands

LA PRAIRIE® a state-of-the-art range of Cellular Treatments that make a noticeable difference in the way your skin looks today . . . and tomorrow.

THALGO® has been the expert in marine beauty since the early 1960's.

HARNN® Thai Heritage utilizes natural, active ingredients in their collection for hair, skin & body care. HARNN® offers a variety of traditional Asian treatments that will sweep you away into a state of total bliss & health.

MOROCCANOIL® is the originator and leading manufacturer of professional Argan Oil hair products. MOROCCANOIL® has a strong following among leading runway, film, television and celebrity stylists.

ESSIE® offers more than just nail polish. The collection has a wide variety of total treatments for hands and feet. The brand has become the most trusted by beauty professionals, fashionistas and celebrities.

WELLA® hair color is the perfect choice. The SEADREAM Spa has the pleasure of offering a wide selection of Wella® hair colors onboard.

Our Spa features

Our Spa staff consists of five massage therapists, one hairdresser and one Spa Manager who will ensure that all of your spa needs are fulfilled, including a Sauna and Steam Room.

You may enjoy some of our treatments on deck in our open air private massage area, cooled by gentle sea breezes. Yoga and Tai Chi sessions are offered daily on deck or shore side (if weather permits).

The Spa is open daily from 8:00 am to 8:00 pm and you may also arrange treatments outside of these hours upon request.

The SEADREAM Spa is an experience that you will surely want to return to again and again.



SEADREAM body therapy

Body Glow

30 min \$90

Using Marine plant extracts such as kaffir lime leaves, peppermint and rosemary, this invigorating body scrub promises to leave your skin refreshed and glowing.

Aloe Vera Body Mask

30 min \$90

For relief of sunburn and tired dry skin, this wrap made of aloe vera will keep your skin hydrated and soothed.

SEADREAM massage therapy

Traditional Thai Massage

60 min \$158 75 min \$198 90 min \$238

The Traditional Thai Massage is performed to enhance joint movement and body flexibility with a combination of stretching therapies similar to yoga and dating back over 6,000 years. This treatment is available in our private open air massage area.

Traditional Thai Massage with herbs

75 min \$219 90 min \$259

For the ultimate in traditional therapy, heated Thai herbal compresses from the Royal Project in Thailand are used after the Thai Massage to enhance the experience.

Swedish Body Massage

60 min \$158 75 min \$198 90 min \$238

A full body massage that relaxes aching muscles, stimulates circulation and assists in the removal of toxins.

Soothing Aroma Body Massage

60 min \$158 75 min \$198 90 min \$238

A thoroughly soothing full body massage with specially blended essential oils. Pressure may be light or firm.

Asian Blend

60 min \$158 75 min \$198 90 min \$238

A combination massage utilizing the very best of Thai, Shiatsu and deep tissue massage techniques to stimulate the body's meridians, resulting in energy, balance and restored health.

Hot Stone Massage

75 min \$219 90 min \$259

A soothing massage performed with hot basalt stones which are applied in rhythmic patterns over the body to relieve tension and deepen relaxation.

SEADREAM short massages

Back, Neck and Shoulder Massage

30 min \$89

Reflexology

45 min \$129

Enjoy a crystal release foot bath followed by a traditional Thai foot reflexology treatment. Available in our private open air Spa area.

Perfect legs

45 min \$129

When suffering from heavy or tired legs, this treatment is designed to soothe and effectively improve circulation. This is a skillful massage with essential oils and a concentrated, deep acting leg mask. Available in the spa or in our private open air Spa area.



LA PRAIRIE

Caviar Firming Facial

90 min \$250

Indulge in this pure luxury facial that instantly firms the skin giving it a more perfect tone and texture. Caviar pearls infused with intensely hydrating vital nutrients for the face and eyes transform even the duller complexions into radiant, luminous, healthy skin.

Caviar Intensive Eye Lift Treatment

30 min \$100

This ultra-firming and hydrating eye treatment, intensively concentrated with the highest level of Caviar Extracts, provides instant relief for eyes that are devitalized, puffy, aged and undernourished. Skin feels firmer, gently lifted, brighter and radiant.

Pure Gold Radiance Facial

90 min \$250

La Prairie's newest gold standard for anti-aging. Radiance Concentrate Pure Gold visibly lift, brightens and energizes. Gentle heat and specially selected masks help to enhance the penetration of the precious Pure Gold serum, making the skin look smoother, feel radiant and vibrantly alive.

Cellular Hydrating Facial

90 min \$200

This intensive treatment combines energizing mask and massages with the revitalizing benefit of Cellular Cycle Ampoules for the face. Specially formulated for stressed and fatigued skin.

Cellular Resurfacing Facial

90 min \$200

Effective exfoliation to physically renew skin, diminish the appearance of fine lines, wrinkles and impurities. This polishing and hydrating treatment results in a smoother, healthier glow.

Swiss Cellular Anti-Aging Facial

90 min \$200

Actively delays the effects of premature aging, retextures and helps to renew surface skin. It smoothes the appearance of fine dry lines and wrinkles with la prairie's breakthrough anti-aging intervention technology. Your face will glow brighter, younger and healthier while pores seem to be reduced.

La Prairie Cellular Facial for Men

60 min \$200

Instantly cleanses, energizes and conditions the skin. The balance of the skin seems to be renewed and restored, helping to return the skin back to normal. la prairie's exclusive cellular complex and cellular 3-minute peel combine to bio-energize the skin and eliminate congestion and impurities to reveal younger, fresher looking skin.

Marine Youth Protection Facial

60 min \$200

Super-hydrating, restorative and age-defending, the ultra-pampering one-hour holistic facial treatment is revitalizing, while focusing on the Advanced Marine Biology collection with wide range of La Prairie's marine-enriched and youth-maintaining products. It hydrates, firms and soothes skin, bringing a unique experience of ocean bliss.

Cellular Detoxifying Back Treatment

60 min \$180

Men and women alike will benefit from this intensive treatment for the back. The cleansing, exfoliating and regulating-mask application purifies and pampers this often overlooked area, while a heavenly foot and hand massage lets you drift away.



THALGO

Beauty Marine Facials

Ocean Facial Treatment for Men

50 min \$110

Relax and recharge stressed skin. Experience the restoring and anti-aging properties of the sea during this professional treatment featuring Algue Bleue Vitale.

Exceptional Facial

60 min \$185

This facial is designed especially for the skin during menopause or hormonal changes. The exceptional range of THALGO products is based on natural hormones acting as genuine cell regenerators.

Wake-Up Eye Treat

20 min \$45

This eye treatment boosts the circulation around the eye area like a fitness trainer eliminating dark circles and puffiness.

Body

Descomask Scrub Sea Salt

30 min \$60

Enjoy a stimulating body scrub based on Algae Petals detoxifying and smoothing your skin.

Sweet & Savory Sugar Body Scrub

30 min \$75

A delicious body scrub leaving your skin feeling like silk, with an exotic scent of Lime and Ginger.

Slim & Sculpt Expert

75 min \$175

Effective body treatment that works on cellulite and tightens the skin. A fitness massage that you do with the therapist.

Sun

Florida Pre-Sun Treatment

50 min \$115

A full body and face exfoliation followed with an application of Sun Shield. Both products contain hydrating and protecting properties to prepare your skin for the outdoors.

Florida Post-Sun Treatment

50 min \$115

Soothe the body with THALGO aftersun care products to produce a cooling sensation and to rehydrate the skin. For the face, a mask is applied specifically formulated to repair sun damage, followed with a daily moisturizer according to skin type.



HARNN

Thai Heritage Massage

60 min \$169

90 min \$249

Pressure from fingers, palms, elbows, knees and feet are used together with unique postures to stretch various muscle groups and stimulate the natural flow of energy. Herbal balm selection is available for this treatment and a body compress is optional.

Thai Aromatic Massage

60 min \$169

90 min \$249

This treatment blends traditions from Thai and other Asian massage techniques to create a very unique and relaxing experience. Employing special palm pressure and stretching techniques to ease aching muscles and stressed bodies. Herbal balm and Massage oil selection is available for this treatment.

Aromatherapy Massage

60 min \$169

90 min \$249

This massage treatment involves the application of HARNN'S renowned aromatic oil on the chakra points followed by soothing light massage movements to release stagnant energy flow in the body. By combining the effects of the aromatic oil and relaxing body massage, one can feel the tension and fatigue melt away as the mind and body are brought back to the point of equilibrium.

Bath & Massage Oil selection is available for this treatment.

Back Massage

45 min \$130

Developed specially to soothe a sore and stiff back, this deep tissue massage utilizes your choice of HARNN massage balm to relax back muscle tensions, reduce stiffness and improve the circulation. Perfect for relieving chronic back problems.

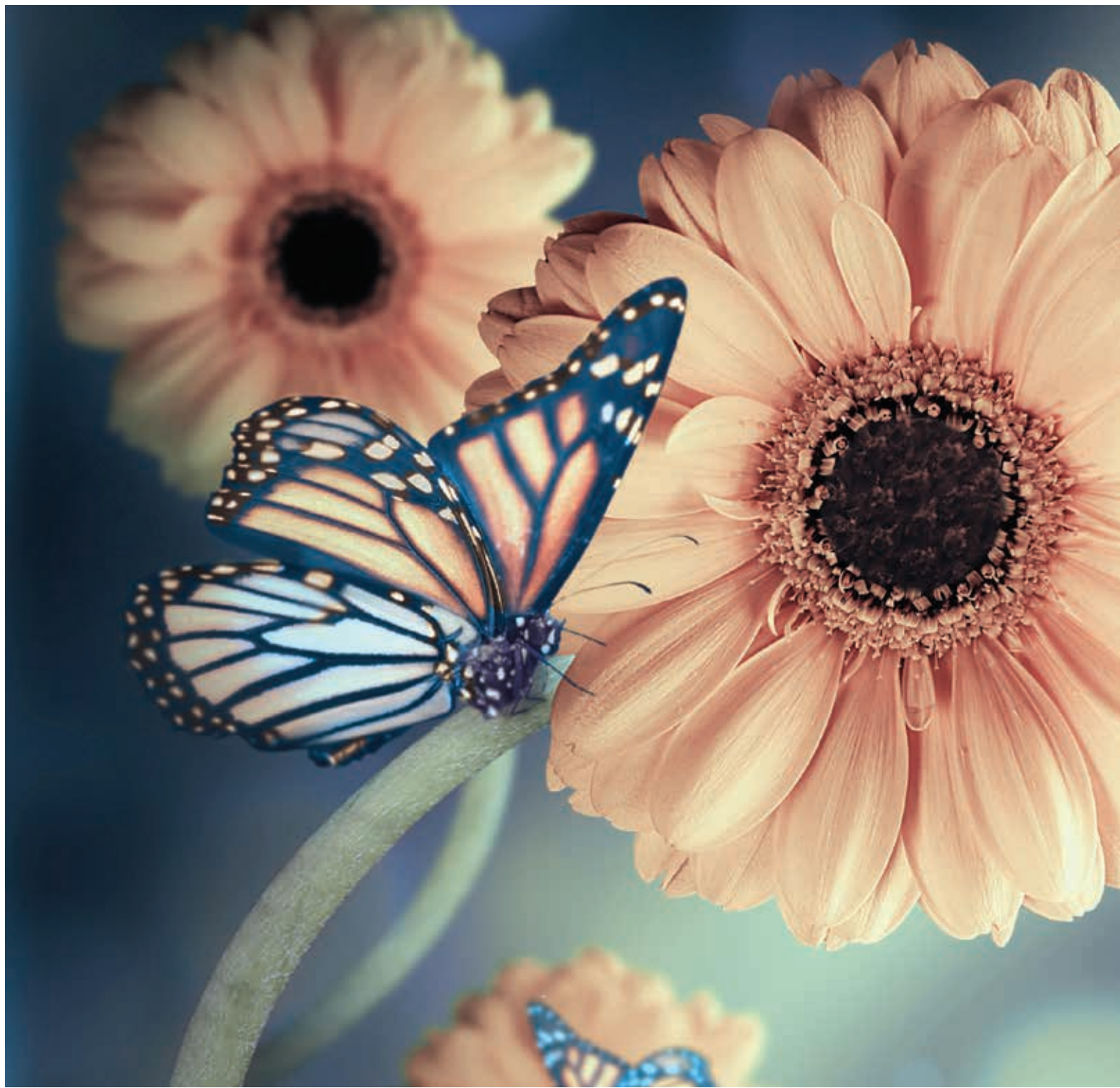
Herb Balm & Bath/Massage Oil selection is available for this treatment.

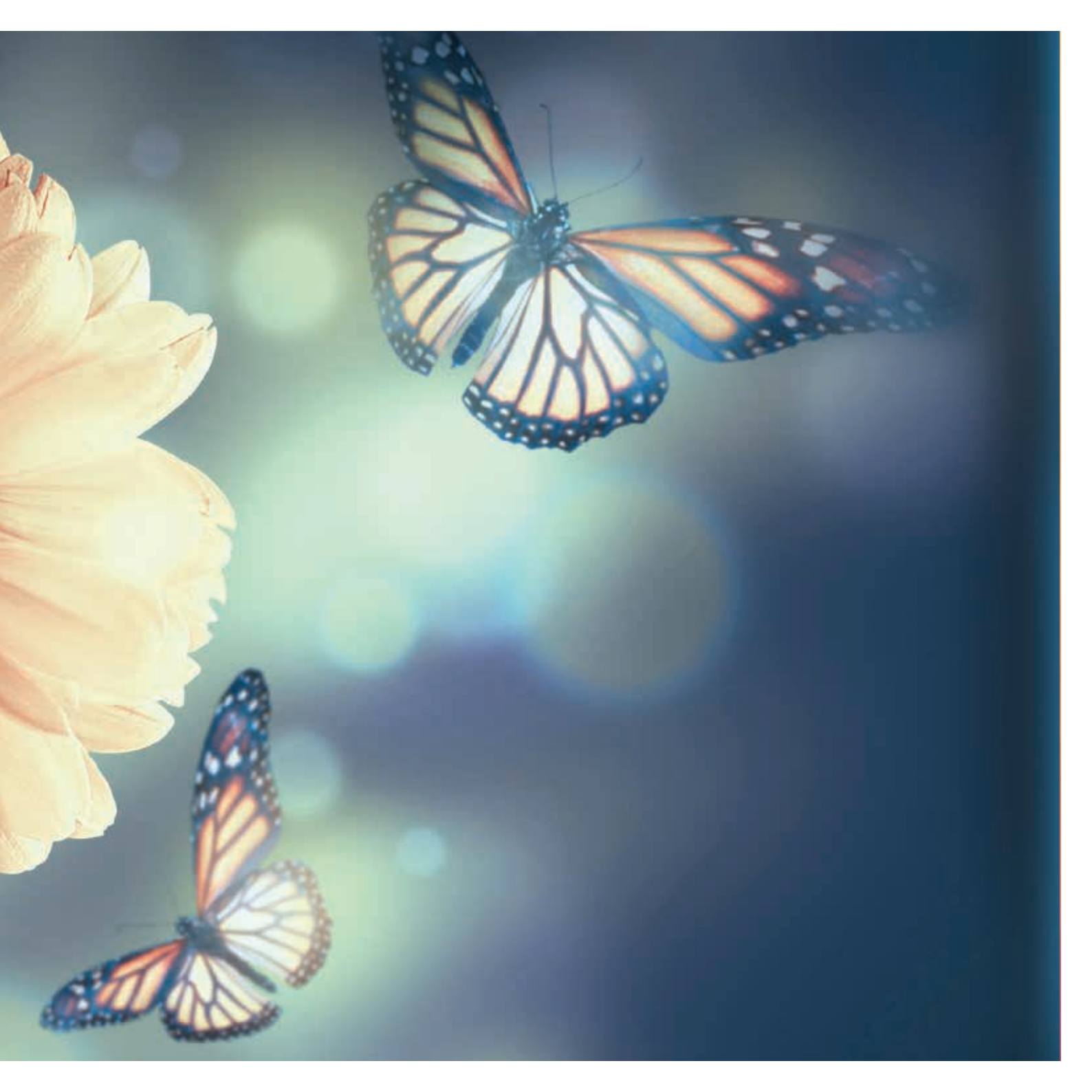
Body Scrub

45 min \$120

Ideal for dry and delicate skin, this jasmine scented body scrub contains mild natural exfoliating particles from corn cob and ground red rice powder. Marshmallow oil and pennywort (Centella Asiatica) extracts soothe and nourish delicate skin.







Salon Treatments

Beautiful Eyes

Eyelashes Tinted	\$35
Eyebrows Tinted and Shaped	\$30

Depilation

Half leg Wax	\$48
Full leg wax	\$66
Bikini or Underarm wax	\$35
Chin, Lip or Eyebrow wax	\$20

Hair Treatments

Shampoo and Blow Dry	
Short hair	from \$45
Long hair	from \$55
Shampoo Only	\$20
Trim	\$35
Cut - Short hair	\$50
Cut - Long hair	\$60
Men's Hair Cut	\$35

Color me beautiful – with WELLA

Roots Touch Up:

Short	\$65
Medium	\$75
Long	\$85

Whole Head:

Short	\$85
Medium	\$100
Long	\$115

Partial Highlights:

Short	\$85
Medium	\$115
Long	\$150

Full Head Highlight:

Short	\$100
Medium	\$150
Long	\$200

MOROCCANOIL

Poolside Pampering

20 min \$25

Protect hair from sun damage with Argan Oil-infused MOROCCANOIL intense hydrating mask as you relax by the pool.

This intense hydrating mask is designed to restore much needed moisture to dry and damaged hair. This treatment will leave you feeling refreshed while you bask in the sun.

Relax & Rejuvenate

20 min \$29

Detoxify your body in our tranquil steam room, while nourishing your hair and indulging your senses with the ultimate intense hydrating mask treatment. MOROCCANOIL's unique formula is enriched with Argan Oil and is designed to restore needed moisture to dry and damaged hair. This service will leave you feeling refreshed with your hair lustrous and rejuvenated.

Poolside Protection

20 min \$20

Protect your hair from the sun with our Argan Oil infused MOROCCANOIL Glimmer Shine Spray. You may relax as it does all the work in keeping your hair healthy looking and lustrous. This invisible veil of shine provides long lasting protection from the sun and other environmental elements.



Nails

'Stay In Control'

Tip Repair *per nail	20 min	\$10
Overlay Repair *per nail	20 min	\$20

'Perfectly Polished'

Manicure Basic Color	50 min	\$55
Manicure French Color	60 min	\$60
Pedicure Basic Color	50 min	\$75
Pedicure French Color	60 min	\$80
Mani & Pedi Basic color	90 min	\$115
Mani & Pedi French color	90 min	\$125

'Shellac Me Over'

Shellac Basic Manicure	50 min	\$85
Shellac French Manicure	60 min	\$90
Shellac Basic Pedicure	50 min	\$105
Shellac French Pedicure	60 min	\$110
Shellac Mani & Pedi Basic	90 min	\$180
Shellac Mani & Pedi French	90 min	\$189
Shellac Polish	30 min	\$60
Shellac French Polish	35 min	\$65
Shellac Removal	20 min	\$20

'Essie Spa manicure' 60 min

\$89

Heavenly soak, total cleanse, we then apply essie microdermabrasion to remove dead skin cells, followed by the amazing hydro masque for dry hands and finish it off with smoothie for maximum moisture & your choice of essie nail color.

'Essie Spa Pedicure' 60 min

\$125

Heavenly soak, total cleanse, we then apply essie exfoliating scrub followed by the amazing hydro masque for dry skin and finish it off with smoothie for maximum moisture & your choice of essie nail color.

'Wake them up' Minty Foot Massage 30 min

\$85

A tingly treat for tired feet, this soothing and relaxing foot massage provides relief for aching feet. Available in our private open air massage area or the spa.

Essie Add on

Hydro Mask	\$3
Spa Exfoliating Scrub	\$3
Microdermabrasion	\$3







SEADREAM Spa Policy

Arrival Time

Please arrive 10 minutes prior to your scheduled appointment time. If this is your first visit to our SEADREAM Spa, we require a SEADREAM Spa consultation form, which your therapist will complete with you. This will enable us to tailor your treatments to your specific needs.

Late Arrivals

Arriving late for your Spa appointment will decrease your treatment time and potentially change the actual treatment provided. You will still be charged for the full treatment. Should your late arrival be due to a shore excursion delay beyond your control, we will be happy to reschedule your treatment at no additional charge.

Cancellation Policy

If at any time before your appointment you would like to reschedule or cancel your booking, we request a minimum of two hours notice. If your cancellation is less than two hours prior to your appointment time a 50% charge will apply. For all "no shows" a 50% charge will apply.

Maximize Your Spa Time

We recommend that you spend some time in the steam or sauna before your treatment. If you have any questions or would like to reserve the steam room or sauna, any of our therapists will be happy to assist.

Jewelry

While trinket boxes are available in the Spa rooms, we recommend that you leave all jewelry and valuables in your stateroom.

What to Wear

Your privacy and modesty is respected at all times during your treatment. While most Spa treatments are best experienced without any clothing, your comfort factor is more important. If you are not comfortable wearing the disposable underwear provided, we recommend that you wear a bathing suit for your Spa experience.

Men

Men are requested to wear a bathing suit for all body treatments. We also highly recommend that you shave before having a facial treatment. Facial hair does not effect the facial treatment, but it is much more comfortable for you if you are cleanly shaven.

Sauna & Steam Room

The Sauna and Steam Room are complementary and open from 8:00 am to 8:00 pm to our guests. One to two guests can use the facilities at one time. Please pre-book by calling the Spa one hour before you would like to use the facility.

*If not now
When...*



